

# SPIRITUAL ART COURSE: 2009

27TH - 31ST JULY



**T**his five day course set in the countryside surrounding Turin provides a perfect opportunity for people to explore their own sense of spirituality. The course does not 'sell' a particular doctrine on spirituality and invites each person through meditation, walking, conversation, painting, drawing, observing and deconstructing art to reach some conclusions about their own understanding. It is not necessary to be an experienced artist as this is an opportunity to explore spirituality through art.



During the week there are visits to magical and spiritual sites. Turin houses some truly wonderful collections of art and artefacts.

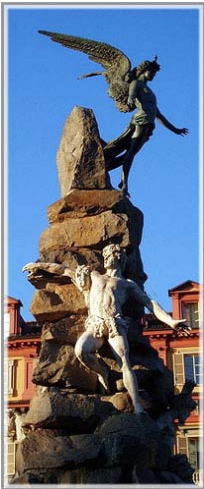
Part of your experience will be the opportunity to reside in the Superga Basilica, designed by Philip Juvarra (1717). Superga is probably the most famous emblem of Turin, This is a unique opportunity! Here you will be also able to explore the mystery of the 18<sup>th</sup> Century home of the tombs of the Kings of Savoy. The basilica's high position has stunning panoramic views of Turin and contains collections beautiful art and furniture.

The week begins with an exploration of what we each understand by "Spiritual" and includes visualisations and meditations (White Light and Archetypes), followed by mark making exercises, conversations and insights from nature.



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The drawing and painting exercises include Zen masters, Japanese colour theory, the tree of life, and defining the space in which we exist. In preparation for a trip to Rivoli (a 14<sup>th</sup> century fortification containing a prestigious contemporary collection), the group will spend some time investigating and deconstructing art work. Drawing from natural sources will be a theme to be explored including nature spirit and inspiration from the mountains.

Also taking advantage of the magical city of Torino, the group will examine sacred geometry, some of the myths and legends of Turin, with an opportunity to explore the city by day and by night. This includes a visit to the Museum of Oriental Art to study a stunning collection of Buddhist art and architecture, Chinese and Japanese art and a floor dedicated to Islamic art.



Each day will end with an aperitivo and an opportunity to reflect on the learning from the day. The final Friday evening will be marked with a small exhibition of the groups work.



The course fee is £700 per person and includes: collection to and from Turin airport, five nights accommodation at Superga, breakfast, picnic lunches, transport to and from all the trips and sites, art materials including canvasses brushes drawing paper etc. Entrance fees to exhibitions. The course fee does not include: flights, evening meals or insurance.



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## Booking Form

Please complete the following information and email back to [admin@godsgiftltd.com](mailto:admin@godsgiftltd.com)

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Email								
How many places Please tick ✓	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
Travelling from where								
Any Special Dietary Information								
Payment process	Cheque ** <input type="checkbox"/>		Bank Transfer Please contact Us			PayPal * <input type="checkbox"/>		

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\*\* Please make cheques payable in Sterling (£) to Gods Gift Ltd

**Initial 25% deposit required - Payment in full by July 1st**

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